

SDS CREATIVE RESOURCES

Guide Book



List of resources

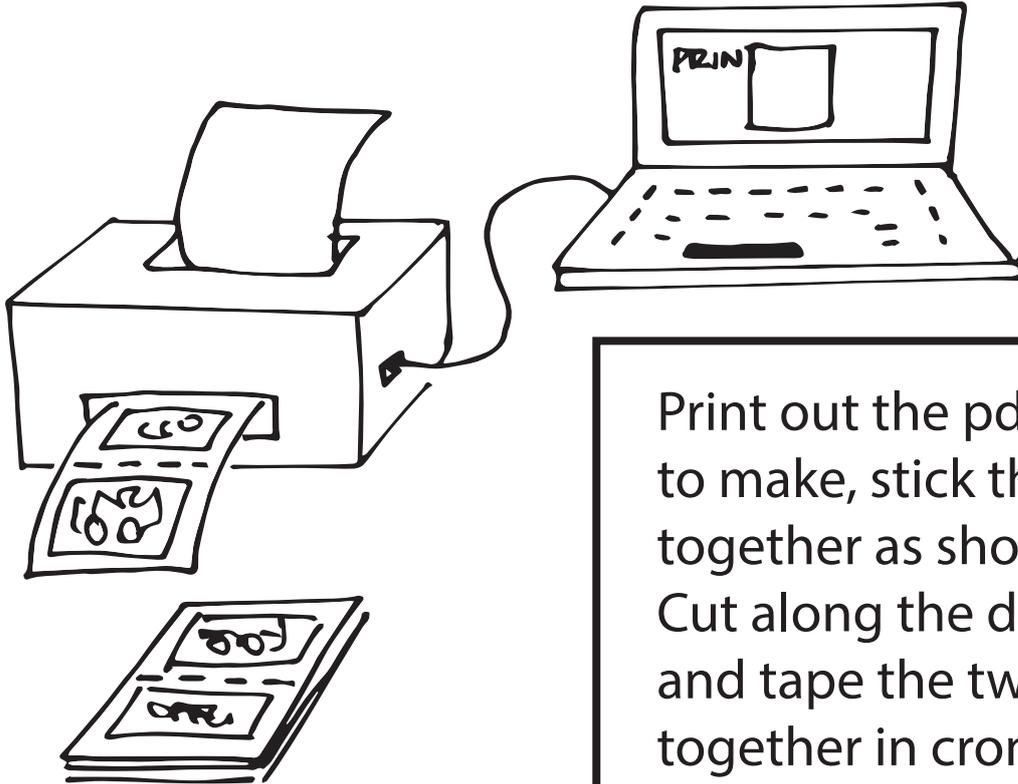
- 1** The guide book - Overview of the project.
- 2** Hopes and Fears - Group drama exercise.
- 3** Box of interests - Collection of significant objects.
- 4** Layered images - Collage and picture making.
- 5** Dressing up and role play - Playing with identity
- 6** The perfect meeting

Illustrated plan for using creative outcomes in SDS meetings.

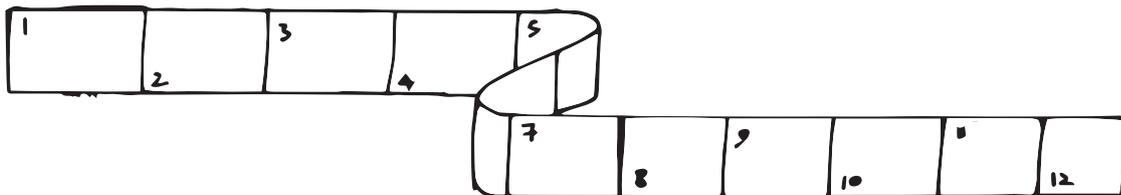
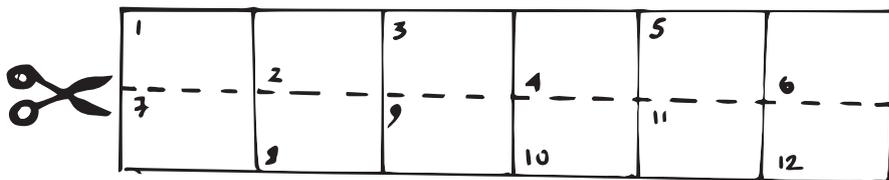
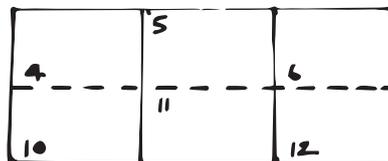
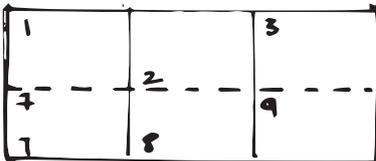
How to work:

- This is a stating point
- Have a clear space in which to work.
- You don't need to stick to the instructions. Let the young person direct the activity.
- Join the young person's journey.
- There are no right or wrong ways to work, it's about trying things out.
- The process is as important as the final outcome. Take notes of what happens while you are working.
- Use your own creative strengths to enable the young person to express themselves.
- The activity can be repeated on other occasions. The outcome may or may not be different each time.
- These are not rules - there are no rules!

Booklet Making Instructions



Print out the pdf you want to make, stick the pages together as shown below. Cut along the dotted line and tape the two sections together in chronological order.



Introduction

This activity pack can be used by teachers, parents, young people, older people, support workers, social workers, artists and anyone else who may be involved in a transitions process for young people with communication support needs across Scotland.

Follow the instructions on the pack and acquaint yourself with the ideas suggested. It is important to understand that these ideas for activities are just starting points and you should feel free to change, adapt and explore any other creative ideas that may arise within the session.

The narratives and stories you uncover during these exercises will be as diverse and wide as the people you support. The contents of this booklet allow you to discuss young peoples' hopes for the future in a creative and fun way. This ultimately should act as a platform for a young person, and relevant others, to explore the choices made about their future in a meaningful, vibrant and applicable manner, ensuring the young person's voice is central within any transitions process.

Why

We want to enable the young person's voice to be heard and listened to. These resources are here to explore the young person's interests, gather their aspirations for the future, and put them at the centre of the decision making process.

Results from the creative resources should help them to have their say and help them influence their outcomes. These resources will hopefully record and represent the young persons likes, dislikes, hopes, and ambitions-enabling the young person to be at the center of their transition.

How

These creative ways of working can be used by the young person to build up their discussion skills, help record what is important to them and start to explore self directed support.

The activities can support the young person throughout their transition by:

- Discussing the transition process
- Preparing a body of work to aid discussion at meetings
- Enabling the young person to have a voice by offering a variety of ways to express themselves
- Allowing time and space for them to think and explore their hopes and aspirations for the future

These resources can be downloaded from:

www.partnersincommunication.info

scottishtransitions.org.uk

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